

TEXAS A&M AGRI LIFE EXTENSION

100 E. Tyler St., Suite 300
Athens, TX 75751
Phone: 903-675-6130
Fax: 903-677-7222
<http://henderson-co.tamu.edu>



November 23, 2016

Clover Connection

By: Kate Pittack
Extension 4-H Agent

Thanksgiving typically means a short week for many of us. It's been a busy and short week for Henderson County 4-H. On Monday, we had 25 kids participate in our first Food and Fashion Day Camp! We had a lot of fun and learned some important things too. Take a ways from the day included: blueberry muffins look pretty flat if you overmix the batter, homemade muffins taste much better (and are even healthier) than pre-packaged ones and you can stack a lot of pepperoni and cheese on your homemade pizza crust and still have it turn out great.

I'm thankful for all of the youth who came and participated in our day-long learning adventure and I'm also thankful for the adult volunteers who kept things running smoothly. Other things that I am thankful for personally are my job and our Henderson County 4-H members, leaders and volunteers. I am extremely blessed to wake up each morning and go to a job I love.

If anyone is like me, I can hardly believe it is already November. We get so busy with our everyday lives that it seems like we even need to schedule time to relax and be with family. If you have children, you are spending a lot of time teaching responsibility so that one day, they turn into upstanding young citizens who will lead us into tomorrow.

We seem to be on the go so much that we sometimes forget to stop and think how we got from point A to point B. Do we even stop to think about how a simple "thank you" might impact someone in our everyday life? I hope everyone gets a chance to slow down just a little for the holidays and maybe take some time to reflect on the year. I'll be using my time off to drink some coffee, eat some blueberry muffins and count my blessings.

Kate Pittack is the Henderson County Extension Agent – 4-H & Youth Development for Texas A&M AgriLife Extension Service. Contact her at: kate.pittack@ag.tamu.edu & visit our webpage at <http://henderson.agrilife.org>